

body
complete [®]

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FOUNDER STORY

As a busy mom of four, it was hard taking good care of myself — eating healthy, getting proper rest, exercising, pampering myself- it just wasn't happening. I searched for plant-based supplements I could use as a system to jumpstart a healthier lifestyle and support my self-care journey. When I couldn't find what I was looking for in the market, I worked with a team of experts to create Body Complete Rx.

From our health to beauty supplements, Body Complete RX offers a complete range of plant-based products specifically designed to meet your individual wellness needs so you can discover what it is like to look and feel your best and truly start living!

Samia L. Gore, Founder & CEO



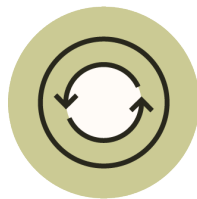
Start *living*.

We know what you need because we needed it too.

Body Complete Rx offers a full range of plant-based supplements made by women for women. Discover how it feels to live your best, healthiest life no matter where you are in your journey.



Formulas that make weight management easier and healthy living a lifestyle.



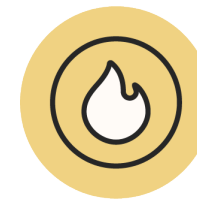
A range of formulas designed to help you maintain your best self lifestyle needs.



Designed to beautify from the inside out, these formulas will help you put your best face forward.



Plant-based nutrition to help you feel good while you stay on track.



Nootropic enhanced formulas designed to help you go harder in the paint and recover faster.

TRIM

by BCRX

Formulas that make weight management easier and healthy living a lifestyle.





CONTROL

Appetite Suppressant Capsules†

Green Tea - Raspberry Ketones

If the 70/30 rule is true then when it comes to weight loss controlling your appetite is more than half the battle. These capsules help you push away from the table sooner so you shed unwanted pounds quickly and effectively while developing healthier eating habits to keep them off for good!

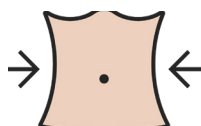
Available in 1-month supply.

Supplement Facts

Serving size: 1 Capsule
Servings per container: 60

Amount Per Serving		%DV
Green Coffee Bean (<i>Coffea robusta</i>)(seed) (50% extract)	130mg	**
Raspberry Ketone (98%)	130mg	**
Garcinia Cambogia (fruit)(50% extract)	130mg	**
Caffeine Anhydrous (98%)	130mg	**
Green Tea (<i>Camellia sinensis</i>)(leaf) (98% polyphenols, 75% catechins, 45% EGCG. 6% caffeine).	130mg	**

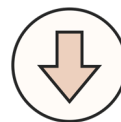
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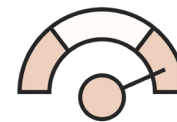
TRIMS
WAISTLINE†



INCREASES
ENERGY†



SUPPRESSES
APPETITE†



BOOSTS
METABOLISM†



BOOST

Metabolism Drops[†]

African Mango - Rhodiola - Maca - Astragalus

Burn fat, trim waistline and relieve stress all in one little bottle? Yeah, we did that. These apoptogenic metabolism boosting drops will not only help you look good but also feel good. Trust us. These are the drops you don't want to be without!

Available in 1-month supply.

Supplement Facts

Serving size: 0.5ml
Servings per container: 120

Amount Per Serving	% DV*
Proprietary Active - 8 & African Mango Complex	200mg **

African Mango Extract (Irvingia Gabonensis), L-Ornithine, L-Carnitine, L-Arginine, L-Glutamine, Maca, Niacin, Pygeum Africanum, Beta-Alanine, Rhodiola, Astragalus

*(DV) Daily Value based on a 2000 calorie diet.

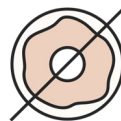
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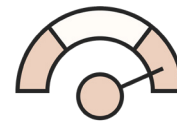
BURNS
FAT[†]



ENHANCES
MOOD[†]



CURBS
CRAVINGS[†]



BOOSTS
METABOLISM[†]





RENEW

Energy Drops[†]

Riboflavin - Niacin - Vitamin B12

Feeling sluggish these days? This sophisticated supplement works with your body to renew your energy levels and boots your metabolism, supporting weight management and leaving your feeling up for anything!

Available in 1-month supply.

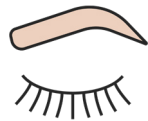
Supplement Facts

Serving size: 1ml
Servings per container: 60

Amount Per Serving		% DV*
Vitamin B2 (as Riboflavin 5 phosphate)	1.7mg	131%
Vitamin B3 (as Niacinamide)	20mgNE	125%
Vitamin B6 (as Pyridoxine)	3mg	176%
Vitamin B12 (as Methylcobalamin)	1200mcg	50,000%
Vitamin B5 (as D-Calcium Pantothenic Acid)	20mg	400%

*(DV) Daily Value based on a 2000 calorie diet.

**Daily Value (DV) not established



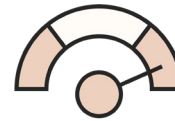
IMPROVES
HAIR, SKIN,



ENHANCES
MOOD[†]



INCREASES
ENERGY[†]



BOOSTS
METABOLISM[†]



BCRX

by BCRX

A range of formulas designed to help you maintain your best self lifestyle needs.





BALANCE

Probiotic Capsules

Garlic Extract - Burdock Root - Konjac Root

Trust your gut again with a daily dose of this proprietary probiotic complex and probiotic blend designed to balance gut flora, boost immunity, improve vaginal health, and increase weight loss! All that? Yep. These are a must!†

Available in 1-month supply.

Supplement Facts

Serving size: 1 Capsule
Servings per container: 30

Amount Per Serving	%Daily Value*
BodyCompleteRx Prebiotic Complex Burdock Root Powder, Konjac Root, Garlic extract.	625mg**

BodyComplete Probiotic Blend (from non-dairy mediums)(Vegan)	125mg (50 Billion CFU)**
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Lactobacillus acidophilus, Lactobacillus plantarum, Lactobacillus gasseri, Lactobacillus paracasei, Lactobacillus fermentum, Lactobacillus casei, Lactobacillus rhamnosus, Lactobacillus salivarius, Streptococcus thermophilus, Bifidobacterium breve, Bifidobacterium infatis, Bifidobacterium longum, Bifidobacterium lactis, Bifidobacterium bifidum.

* (DV) Daily Value based on a 2000 calorie diet.

**Daily Value (DV) not established



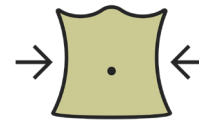
BOOSTS
IMMUNITY†



IMPROVES
SKIN†



IMPROVES
GUT HEALTH†



TRIMS
WAISTLINE†





CALM

Relaxation Capsules†

Melatonin - Ashwagandha - Valerian Root

Take a chill pill with this adaptogenic herbal blend formulated to help you unwind, relax, and get a good nights rest. With all you take on during the day who doesn't need that? Thank us later.

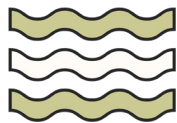
Available in 1-month supply.

Supplement Facts

Serving size: 3 Capsules
Servings per container: 30

Amount Per Serving	%DV*
Vitamin B3 (as Niacin)	30mg 188%*
Valerian Root Powder (Valeriana officinalis) (.08% Valerenic acids)	375mg **
Ashwagandha (Withania somnifera) (root) (std to 5% total withanolides)	300mg **
Hops Flower Extract 10:1 (Humulus lupulus)	225mg **
Mucuna Pruriens Extract (98% L-Dopa)	150mg **
N-Acetyl L-Tyrosine (NAT)	150mg **
Kava Kava Extract (Piper methysticum)(root)(std to contain min. 30% kavalactones)	75mg **
Melatonin	3mg **

*(DV) Daily Value based on a 2000 calorie diet.
**Daily Value (DV) not established



STRESS
RELIEVING†



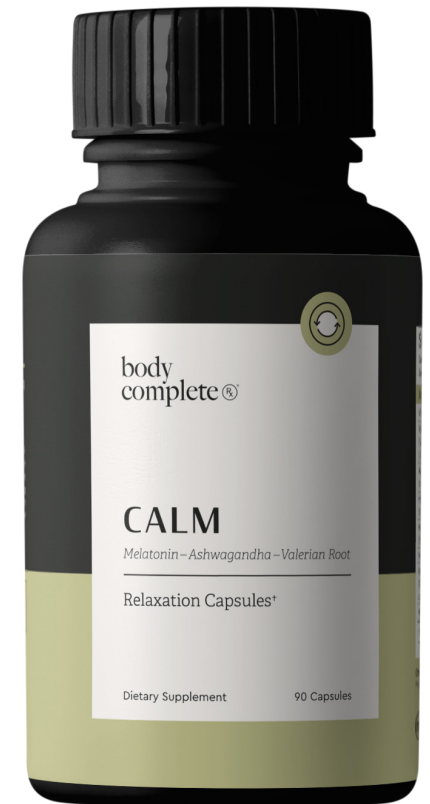
ENHANCES
MOOD†



RESTFUL
SLEEP†



ANTI-
INFLAMMATORY†





BCRX

Men's Multivitamin Capsules

Fenugreek Seed - Forskolin - Maca

Who doesn't want a multivitamin that powers your day and night? This proprietary blend is not only designed to boost your energy but it is also formulated with our libido booster to keep you going strong... if you know what we mean. Wink wink!†

Available in 1-month supply.

Supplement Facts

Serving size: 3 Capsules
Servings per container: 30

Amount Per Serving	% Daily Value	
Vitamin A (as Retinyl Palmitate)	3mg	333%
Vitamin B1 (as Thiamin)	1.8mg	150%
Vitamin B2 (as Riboflavin)	2.03mg	156%
Vitamin B3 (as Niacin)	22.1mg	138%
Vitamin B5 (as Pantothenic Acid)	10.2mg	204%
Vitamin B6 (as Pyridoxal-5-Phosphate)	3.27mg	192%
Vitamin B7 (as Biotin)	300mcg	1000%
Vitamin B9 (as Folate)	400mcg	100%
Vitamin B12 (as Methylcobalamin)	100mcg	4,167%
Vitamin C (as Ascorbic Acid)	300mg	333%
Vitamin D3 (as Cholecalciferol)	40mcg	200%
Vitamin E (as d-Alpha Tocopherol)	100mcg	<1%
Vitamin K (as Vitamin K1 (Phynatodione))	75mcg	63%
Calcium (as Calcium Carbonate)	30mg	2%
Iodine (as Potassium Iodide)	150mcg	100%
Zinc (as Zinc oxide)	15mg	136%
Selenium (as Selenium Citrate)	200mcg	364%
Copper (as Copper Gluconate)	2mg	222%
Chromium (as Chromium Picolinate)	120mcg	343%
Molybdenum	75mcg	167%
Potassium (as Potassium Citrate)	50mg	1%
BodyMax Male Stamina Blend†	1.5g	**

Tribulus Terrestris(fruit)(std to 45% saponins), Fenugreek Seed Powder(50% saponins), Maca Root Powder, Tongkat Ali(Eurycoma longifolia), Forskolin Powder.

**Daily Value (DV) not established



ENHANCES
SEXUAL
FUNCTION†



IMPROVES
FOCUS†



INCREASES
ENERGY†



STRENGTHENS
BONES†





BCRX

Women's Multivitamin Capsules

Coconut Oil - Pomegranate - Green Tea

You ain't never had a multivitamin like me! This proprietary anti-aging formula is not only packed with nutrients, but it's also designed to keep you looking and feeling like the goddess you are inside out!†

Available in 1-month supply.

Supplement Facts

Serving size: 3 Capsules
Servings per container: 30

Amount Per Serving	% Daily Value
Vitamin A (as Retinyl Palmitate)	3mg 333%
Vitamin B1 (as Thiamin)	1.8mg 150%
Vitamin B2 (as Riboflavin)	2.03mg 154%
Vitamin B3 (as Niacin)	22.1mg 138%
Vitamin B5 (as Pantothenic Acid)	10.2mg 204%
Vitamin B6 (as Pyridoxine HCl)	3.27mg 192%
Vitamin B7 (as Biotin)	300mcg 1000%
Vitamin B9 (as Folate)	800mcg 200%
Vitamin B12 (as Methylcobalamin)	100mcg 4,167%
Vitamin C (as Ascorbic Acid)	180mg 200%
Vitamin D3 (as Cholecalciferol)	40mcg 200%
Vitamin E (as d-Alpha Tocopherol)	100mcg <1%
Vitamin K (as Vitamin K1 (Phynatodione))	75mcg 63%
Calcium (as Calcium Carbonate)	30mg 2%
Iodine (as Potassium Iodide)	150mcg 100%
Zinc (as Zinc oxide)	15mg 136%
Selenium (as Selenium Citrate)	200mcg 364%
Copper (as Copper Gluconate)	2mg 222%
Chromium (as Chromium Picolinate)	120mcg 343%
Molybdenum	75mcg 167%
Potassium (as Potassium Citrate)	50mg 1%
Boron (as Boron Citrate)	3mg **
Iron (as Ferrrous Fumarate)	9.9mg 33%
Manganese Sulfate	500mcg 25%
Anti-Aging Blend†	1.5g **

Natural Fruits & Vegetable Blend (Juice Powders: Apple, Beet root powder, Blueberry, Cherry, Papaya, Pineapple, Broccoli, Purple Sweet Potato, Carrot), Coconut Oil Powder, Green Tea Extract, Pomegranate extract(20% Ellagic acid), Alpha Lipoic Acid

**Daily Value (DV) not established



NUTRIENT RICH†



ENHANCES MOOD†



INCREASES ENERGY†



STRENGTHENS BONES†





PROTECT

Immunity Boosting Capsules†

Irish Moss - Burdock Root - Bladderwrack

Stay well, friend! Boost your immune system and reduce inflammation with this powerful supplement formulated to help your body fight illness and keep you ready for the world!†

Available in 1-month supply.

Supplement Facts

Serving size: 1 Capsule
Servings per container: 60

Amount Per Serving	%DV*
Organic Irish Moss Powder (Chondus crispus)	300mg**
Burdock Powder (Arctium Lappa) (root)	100mg**
Organic Bladderwrack Powder (Fucus vesiculosus) (whole algae)	100mg**
Bioperine® (Black Pepper Fruit Extract)	2.5mg**

*(DV) Daily Value based on a 2000 calorie diet.

**Daily Value (DV) not established



IMMUNITY BOOSTER†



ENHANCES MOOD†



INCREASES ENERGY†



SUPPORTS THYROID FUNCTION†

GLOW

by BCRX

Designed to beautify from the inside out, these formulas will help you put your best face forward.





GLOW

Vitamin C Serum

Aloe - Hyaluronic Acid - Witch Hazel

Girl, you are glowing! Thanks to this concentrated formula which helps brighten, firm, and fight visible signs of aging, leaving your skin looking like it's truly been kissed by the sun! Muah!

Available in 1-month supply.

Ingredients: Deionized Aqua (Water), Aloe Barbadensis Leaf (Aloe), Sodium Ascorbyl Phosphate (Vitamin C), Methylsulfonylmethane (MSM), Cassia Angustifolia Seed Polysaccharide (Botanical Hyaluronic Acid), Hamamelis Virginiana (Witch Hazel), Carbomer, (2s)-2-Amino-5-guanidinopentanoic Acid, Kosher Vegetable Glycerin, Simmondsia Chinensis (Jojoba Oil), Phenoxyethanol, EthylHexyl-Glycerin, d-alpha Tocopheryl Acetate (Vitamin E), Centella Asiatica (Gotu Kola Extract), Equisetum Arvense (Horsetail Plant Extract), Pelargonium Graveolens (Geranium Extract), Taraxacum Officinale (Dandelion Extract).



IMPROVES
SKIN†



ANTI-
AGING†



ANTI-
INFLAMMATORY†





RESTORE

Collagen Boosting Powder

Cucumber Lime Flavored

Getting older does not mean you have to look older. Reverse the signs of aging with this vegan collagen boosting formula enhanced with coconut water to provide some serious hydration improving elasticity and leaving you with more youthful looking skin! This right HERE! Your secret weapon!

Available in 1-month supply and single serving sizes.

Supplement Facts

Serving size: 1 scoop (9.6g)
Servings per container: 30

Amount Per Serving	% DV*	Amount Per Serving	% DV*
Vitamin A (as Palmitate)	900mcg 100%*	Enzyme Blend	200mg **
Vitamin B1 (as Thiamin)	1.2mg 100%*	<small>Amylase, Peptidase, Alpha-galactosidase, Glucoamylase, Acid maltase, Cellulase, Pectinase, Protease inhibitors 6.0, Lipase, Lactase, Beta-glucanase, Invertase, Hemocellulase.</small>	
Vitamin B2 (as Riboflavin)	1.3mg 100%*	L-Proline	200mg **
Vitamin B3 (as Niacinamide)	16mg 100%*	Probiotic Blend (62.5 Billion CFU)	125mg **
Vitamin B5 (as Pantothenic Acid)	5mg 100%*	<small>Lactobacillus acidophilus, Lactobacillus plantarum, Lactobacillus gasseri, Lactobacillus paracasei, Lactobacillus fermentum, Lactobacillus casei, Lactobacillus rhamnosus, Lactobacillus salivarius, Streptococcus thermophilus, Bifidobacterium breve, Bifidobacterium infantis, Bifidobacterium longum, Bifidobacterium lactis, Bifidobacterium bifidum.</small>	
Vitamin B6 (as Pyridoxal-5-Phosphate)	1.7mg 100%*	Dandelion Extract (root)(Taraxacum officinale)	100mg **
Vitamin B7 (as Biotin)	30mcg 100%*	L-Alanine	100mg **
Vitamin B9 (as Folate)	400mcg 100%*	L-Glycine	100mg **
Vitamin B12 (as Methylcobalamin)	2.4mcg 100%*	Organic Turmeric Powder (Curcuma longa) (root)	100mg **
Vitamin C (as Ascorbic Acid)	90mg 100%*	Ginger Extract (Zingiber officinale) (root) (std. to contain 5% Gingerols)	50mg **
Vitamin D3 (as Cholecalciferol)	20mcg 100%*	Organic Spirulina (Athrospira platensis) (plant)	50mg **
Vitamin E (as d-Alpha Tocopherol)	15mg 100%*	Cinnamon Bark Powder	25mg **
Vitamin K1 (as Phytonadione)	120mcg 100%*	Organic Alfalfa Grass Powder (Medicago sativa) (leaf)	25mg **
Organic Chlorella Powder (Chlorella Vulgaris) (whole algae)	1.5g **	Turmeric Extract (Curcuma longa) (std. to contain 95% curcuminoids) (root)	25mg **
Coconut Water Powder (Cocos nucifera)	1g **		
Broccoli Extract Powder (Brassica oleracea var. Italica)	500mg **		
Chia Seed Powder (Salvia hispanica)	500mg **		
Bamboo Extract	400mg **		

*Daily Values based on a 2,000 calorie diet
**Daily Value Not Established



VEGAN FRIENDLY†



HYDRATING†



ANTI-AGING†



ANTI-INFLAMMATORY†



NOURISH

by BCRX

Plant-based nutrition to help you feel good while you stay on track.





NOURISH

Plant Based Protein

Banana - Caramel Frappe - Chocolate - Peach - Pina Colada - Strawberry - Vanilla Flavored

The aim of the game is to fuel your body and trim your waistline with our vegan-friendly, plant-based protein which does just that. With 9 essential amino acids and 20 grams of protein per serving, it's the perfect snack or meal replacement option for weight management. Made with a proprietary blend of beet root and sweet potato this formula is high in antioxidants making this a gut health, beauty boosting, anti-aging formula that also promotes heart health! Did we mention it tastes delicious too?

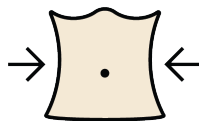
Available in 1-month supply, 15-day supply and single serving sizes.

Nutrition Facts

Serving size: 1 Scoop (33.5g)
Servings per container: 30

Amount Per Serving		% DV*
Calories	110	**
Total Fat	1g	1%*
Saturated Fat	0g	0%*
Trans Fat	0g	**
Cholesterol	0g	0%*
Sodium	150mg	6%*
Total Carbohydrate	2g	1%*
Dietary Fiber	1g	4%*
Sugars	<1g	**
Includes <1g of Added Sugars		1%*
Protein	20g	40%*

*(DV) Daily Value based on a 2000 calorie diet.
**Daily Value (DV) not established



TRIMS
WAISTLINE†



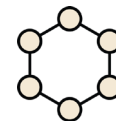
LOWERS
CHOLESTEROL†



COMBATS
STRESS†



SUPPORTS
HEART AND
BRAIN HEALTH†



BUILDS
MUSCLE†



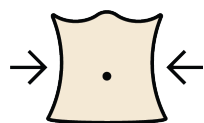
NOURISH

Plant Based Protein

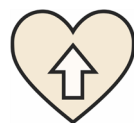
Banana - Caramel Frappe - Chocolate - Peach - Pina Colada - Strawberry - Vanilla Flavored

The aim of the game is to fuel your body and trim your waistline with our vegan-friendly, plant-based protein which does just that. With 9 essential amino acids and 20 grams of protein per serving, it's the perfect snack or meal replacement option for weight management. Made with a proprietary blend of beet root and sweet potato this formula is high in antioxidants making this a gut health, beauty boosting, anti-aging formula that also promotes heart health! Did we mention it tastes delicious too?

Available in 1-month supply, 15-day supply and single serving sizes.



TRIMS
WAISTLINE†



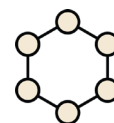
LOWERS
CHOLESTEROL†



COMBATS
STRESS†



SUPPORTS
HEART AND
BRAIN HEALTH†



BUILDS
MUSCLE†

Nutrition Facts

Serving size: 1 Scoop (33.5 g)
Servings per container: 15

Amount Per Serving		% DV*
Calories	110	**
Total Fat	1g	1%*
Saturated Fat	0g	0%*
Trans Fat	0g	**
Cholesterol	0mg	0%*
Sodium	150mg	6%*
Total Carbohydrate	2g	1%*
Dietary Fiber	1g	4%*
Sugars	<1g	**
Includes <1g of Added Sugars		1%*
Protein	20g	40%*

*(DV) Daily Value based on a 2000 calorie diet.
**Daily Value (DV) not established





NOURISH

SuperFood Bar

Cashews - Strawberries - Blueberries - Cherries

Rich in prebiotics and antioxidants, this plant-based protein bar is not only a complete meal replacement option, it is also rich ingredients that aid in deviating and anti-aging, keeping your waistline trim and you looking more youthful. Slimming? Anti-Aging? This is not your average protein bar.

Available in 8-count boxes and single serving bars.

Supplement Facts

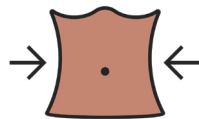
Servings per container
Serving size (46g)

Calories per serving **180**

Amount/serving	Daily Value*	Amount/serving	Daily Value*
Total Fat 10g	13%	Total Carbohydrate 19g	7%
Saturated Fat 2.5g	13%	Dietary Fiber 4g	14%
Trans Fat 0g		Total Sugars 4g	
Cholesterol 0mg	0%	Includes 1g Added Sugars	2%
Sodium 65mg	3%	Protein 11g	

Vitamin D 0mcg 0% • Calcium 10mg 0% • Iron 3.5mg 20% • Potassium 180mg 4%

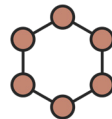
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutritional advice.



TRIMS
WAISTLINE†



LOWERS
CHOLESTEROL†



BUILDS
MUSCLE†



PERFORM

by BCRX

Nootropic enhances formulas designed to help you go harder in the paint and recover faster.





PERFORM

Preworkout Powder

Watermelon Flavored

Go hard in the paint and crush your goals with this nootropic enhanced preworkout blend specially formulated to reduce soreness and fatigue, build muscle, and increase your endurance so you can take your workout to the next level.

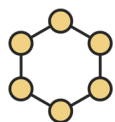
Available in 1-month supply and single serving sizes.

Supplement Facts

Serving size: 1 scoop (14g)
Servings per container: 30

Amount Per Serving	
L-Citrulline	2.5g*
Beta Alanine	1.2g*
L-Taurine	1g*
Beet Root Extract (Beta Vulgaris) (std. to contain 0.3% Betanin)	500mg*
Lion's Mane Mushroom Powder (Hericium erinaceus)	300mg*
Juniper (Juniperus communis) (berry)	150mg*
Natural Caffeine (from Green Tea)	150mg*
Bitter Orange Extract (Citrus Aurantium) (fruit)	100mg*
Lean GBB® (Gamma-Butyrobetaine Ethyl Ester HCl)	15mg*

*Daily Value Not Established



**BUILDS
MUSCLE†**



**ENHANCES
MOOD†**



**INCREASES
ENDURANCE†**



**IMPROVES
FOCUS†**



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